

December 17, 2025

JonBenet Ramsey/ Daniel Aruebose

JonBenet Ramsey: <https://bouldercolorado.gov/jonbenet-ramsey-homicide>  
<https://apps.colorado.gov/apps/coldcase/casedetail.html?id=275>

Time of Death Estimation: Lividity, the pooling of blood in the lowest parts of the body after the heart stops, typically becomes fixed within several hours of death. Forensic experts use the extent of its development and "gelling" to help determine a time frame for when death occurred.

Body Position: The pattern of lividity indicates the position of the body shortly after death. The body of JonBenét Ramsey was found with lividity on her back, suggesting she lay in a supine (face-up) or semi-supine position for a significant period before or as livor mortis became fixed.

Body Movement Debate: The location of the lividity was crucial to theories about whether her body was moved after death. If she had been moved after lividity became fixed, the blood pooling would be in a position inconsistent with how she was found in the wine cellar.

Specific Markings: A reddish-blue marking on her back was noted in crime scene photos, which some theorize was contact blanching caused by pressure from an object, such as the wooden stick and cord found lying underneath her, indicating she was in that exact position for some time after death.

Daniel Aruebose: <https://www.bbc.com/news/articles/c9977v07r04o>  
<https://www.irishtimes.com/crime-law/2025/12/13/gardai-identify-suspected-prime-mover-in-death-of-daniel-aruebose/>

January 14, 2026

Research a new case to pair up with the JonBenet Ramsey case. One of the cases for the second pair will be the Medicine Hat Murders. Found a second case to pair with Medicine Hat Murders, which is the Freeman family murders.

[https://en.wikipedia.org/wiki/Freeman\\_family\\_murders](https://en.wikipedia.org/wiki/Freeman_family_murders)

Jan 18, 2026

Listen and read JBR police reports

January 21, 2026,

Continue to find a similar case to Jonbenet. Signed into CYSF website and completed basic project info. Submitted ethics due care 2A for review and currently waiting for approval. Found a case to pair with Jonbenet, Death of Paulette Gebara Farah (2010)

Wikipedia

[https://en.wikipedia.org/wiki/Death\\_of\\_Paulette\\_Gebara\\_Farah](https://en.wikipedia.org/wiki/Death_of_Paulette_Gebara_Farah)

January 28, 2026

Continue research on the cases and take notes on important details. Connect points of the cases together for similarities and differences. Also fill in some things for CYSF.

February 4, 2026

Listen and read Jonbenet police reports. Research and learn information about the death of Paulette Gebara Farah. Fill some things in for CYSF.

<https://www.bbc.com/news/10168243>

February 11, 2026

Cut down the project from four cases to two cases. Jonbenet and Medicine Hat Murders.

February 18, 2026

Work on stuff on the CYSF website and get enough information on cue cards.