

Science Fair 2025/2026 Logbook  
Grade 11

July 14th, 2025

Find/Exploring Topics

1. Preterm babies in Africa and South Asia
  - a. Why so many there
  - b. What causes it
2. Cystic Fibrosis
3. Malaria and Sickle Cell Disease → Case Study of Africa
  - a. Why people with sickle cell anemia are less prone to getting malaria
  - b. Impacts in Africa
    - i. Why it is prevalent there
4. Schizophrenia, Celiac Disease
5. Human calculators or photographic memory
  - a. How the brain looks/works
6. Immunotherapy for cancer
  - a. AI and predictive models

Starting research/exploring

Sept 29th, 2025

Types of Immune Drugs: Pembro

Oct 6th-11th, 2025

Looking at research and articles:

What is the immune system

- How does it work

Nov 12th, 2025

LOOKING AT A NEW TOPIC OF INTEREST

Stem cells and Alzheimer's disease or Parkinson's Disease

Dec 14th, 2025

Ethics form done

Wrote the "problem"

Articles and researching stem cells and AD

### Stages of Alzheimer's Disease Table

Stage	Symptoms
Stage 1	<ul style="list-style-type: none"><li>- No memory issues</li></ul>
Stage 2	<ul style="list-style-type: none"><li>- Memory lapses</li><li>- Forgetting familiar names and locations of objects</li><li>- These lapses typically are not obvious to others</li></ul>
Stage 3	<ul style="list-style-type: none"><li>- Mild forgetfulness</li><li>- Difficulty learning new things</li><li>- Difficulty concentrating</li><li>- Problems with orientation, such as getting lost</li><li>- Communication difficulties such as finding the right word</li><li>- Loss or misplacing of valuable objects</li><li>- Difficulty handling problems</li><li>- Issues can become noticeable to family, friends or co-workers</li></ul>
Stage 4	<ul style="list-style-type: none"><li>- Some memory loss involving one's personal history</li><li>- Difficulty with complex tasks</li><li>- Impaired ability to perform challenging mental arithmetic, e.g. counting backwards</li></ul>
Stage 5	<ul style="list-style-type: none"><li>- Major gaps in memory</li><li>- Help is needed with day-to-day tasks</li></ul>
Stage 6	<ul style="list-style-type: none"><li>- Continued memory loss</li><li>- Loss of awareness of recent events and experiences in their lives</li><li>- Assistance is needed with activities of daily living, e.g. getting dressed, bathing</li><li>- Difficulties counting</li><li>- Personality and emotion changes</li></ul>

	<p>such as confusion, anxiety, suspiciousness, anger, sadness/depression, hostility, apprehension, delusion and agitation</p> <ul style="list-style-type: none"> <li>- Obsessions such as repetition of simple activities</li> <li>- Disruption of normal sleep/waking cycle</li> <li>- Increasing episodes of incontinence</li> </ul>
Stage 7	<ul style="list-style-type: none"> <li>- Severe cognitive impairment</li> <li>- Vocabulary becomes limited and verbal abilities eventually disappear</li> <li>- Loss of ability to walk independently and sit without support</li> <li>- Help is needed with eating and using the toilet; usually incontinent</li> </ul>

Dec 22nd, 2025

Pathophysiological causes of AD

- I noticed a connection between mtDNA and AD, interesting

Dec 24th, 2025

Done and edited pathophysiology

Start and finished pathology

Dec 25th, 2025

Researching stem cells

- NSC
- MSC
- ESC

Jan 4th-8th, 2026

- wrote/edited pathology
- Stem cells types
  - Multipotent
  - Pluripotent
- Note write about later

Jan 10th, 2026

Stem cells I am focusing on:

- NSC
- MSC
- ESC
- \*iPSC
  - Induced pluripotent stem cells
    - Lab grown

Jan 10th - Feb 13th 2026

Continuous research on stem cells

- What are they
- Research and trials done on them

Stem cells	Description of Study
NSC	Amyloid precursor protein mouse models <ul style="list-style-type: none"> <li>- Positive</li> </ul>
NSC	Neuron-specific enolase protein on mutant mice with AD <ul style="list-style-type: none"> <li>- Positive</li> </ul>
ESC	BFCNs on mice models <ul style="list-style-type: none"> <li>- positive</li> </ul>
ESC	Yan Liu converted hESCs into NKX2.1 MGE - like progenitor cells <ul style="list-style-type: none"> <li>- positive</li> </ul>
MSC	Preclinical trial of hMSC injections <ul style="list-style-type: none"> <li>- One week</li> <li>- Ten weeks               <ul style="list-style-type: none"> <li>- positive</li> </ul> </li> </ul>
MSC (exosomes)	BMSC-exosomes in animal models <ul style="list-style-type: none"> <li>- Positive results</li> </ul>
iPSC	2009 groundbreaking study <ul style="list-style-type: none"> <li>- Reprogramming cells to become pluripotent               <ul style="list-style-type: none"> <li>- iPSC's</li> <li>- positive</li> </ul> </li> </ul>
iPSC	Protein iPSC = glial cells <ul style="list-style-type: none"> <li>- positive</li> </ul>
iPSC	iMGLs from iPSCs (originally were iPSCs) <ul style="list-style-type: none"> <li>- Resembled actual microglia</li> <li>- positive</li> </ul>

Feb 13th, 2026

Finished problem and method

Feb 13th - 15th, 2026

Start Researching Clinical Trials

- Important to note that MSCs are the only stem cells that have been used and allowed for clinical trials
  - Not NSC → find out why
- There have only been phase 1 and 2 clinical trials

Feb 20th, 2026

- Ethics
- Risks
- Challenges
- Negative outcomes

Feb 22nd - March 4th, 2026

Editing and revision of the entire project

- Getting images and data
- Citation formatting
- Added some negative trials and negative factors in general

March 4th, 2026

Online portion DUE!