Log Book: Elijah Rushton

Sequins numbers or letters, music always playing, same person, memorize the numbers with different music, have this done multiple times, record the answers, 3 people, longest memorize with specific music is better? 8 different tests per person.

Different types of noise;  music,  wind in pines, fireplace gamma waves, beta waves and alpha waves.

Fireplaces or campfires make us go into an alpha state, as do wind in the pines.

Powerpoint with string of numbers then when teacher takes away the numbers the students try to remember the numbers. Teachers give the students paper after they take away the powerpoint.

Oct 30: did work on procedure

Nov 7: worked on finality of procedure

Nov 14: continued work on background research and tried to get on the CYSF website for an ethics approval  - unsuccessfully.

Dec. 4th: tried again to get on the CYSF website - successful

Dec. 5: created a data sheet and I am still waiting for a response from CYSF.

Dec. 13: found a problem and I am continuing to try and get ethics forms.

Dec 19 - 23rd: tested on 7 classes

Jan 17-18: worked on slides for presentation.