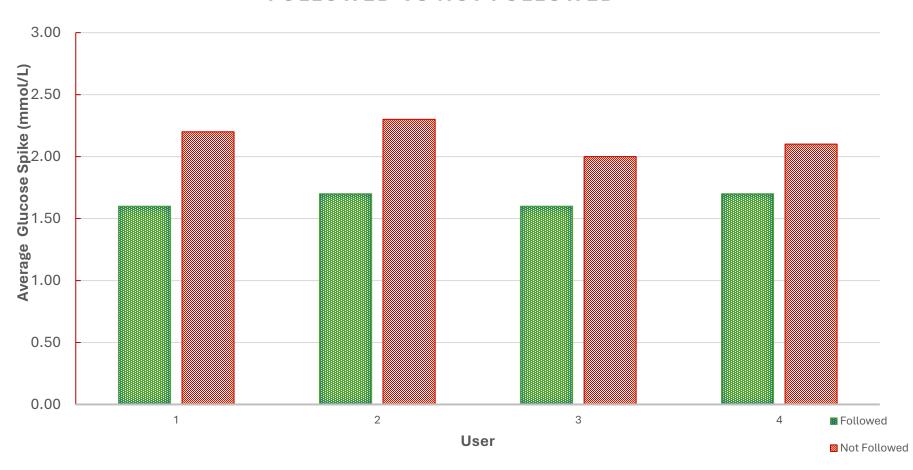
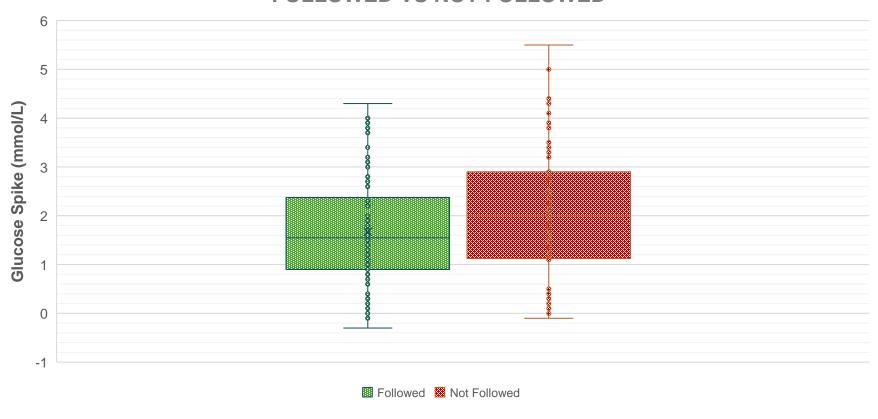
## THE AVERAGE POSTPRANDIAL GLUCOSE SPIKE WHEN RECOMMENDATIONS ARE FOLLOWED VS NOT FOLLOWED



## DISTRIBUTION OF ALL POSTPRANDIAL GLUCOSE SPIKE DATA WHEN RECOMMENDATIONS WERE FOLLOWED VS NOT FOLLOWED



## THE EFFECT OF THE FOLLOW RATE ON THE GLUCOSE SPIKE REDUCTION

